## CITY OF CHICAGO - MAYOR'S OFFICE (La Oficina de El Alcalde en la Cuidad de Chicago)

#### City Services – Non-Emergency: Dial 311

- People with Disabilities (59 years & younger)
  312-744-6673, 312-746-5773
- Chicago Department for Senior Services -
  - **312-744-4016**
- Chicago Department of Health 312-747-9884
- Domestic Violence Helpline 877-863-6338
- HEATWAVE Cooling Centers 311
- COLDWEATHER Warming Centers 311
- Health & Sanitation Complaints 311

### GENERAL INFORMATION

- (Informacion General)
- IL Dept. of Human Services Helpline -
  - **800-843-6154**
- IL Dept. of Human Services (Public Aid) -
  - **312-793-4131**
- IL Division of Mental Health 312-814-3784
- Guardianship & Advocacy Commission -
- **312-793-5900**
- IL Dept of Public Health -
  - Complaints (Nursing Home, ICF, Hospitals & SOF) - 800-252-4343
- IL Dept. of Human Services Client Assistance Program - 800-641-3929
- Social Security Information 800-772-1213
- Howard Brown Health Center (HIV/AIDS) -
- **773-388-1600**
- Human Rights Authority 708-338-7506
- IL Dept of Aging -
  - Elder Abuse/Neglect Hotline: 866-800-1409
  - Senior helpline: 800-252-8966

#### MENTAL HEALTH SERVICES

(Servicios de Emergencia de Salud Mental)

# In the event of a potential mental health crisis: dial 911 and ask for a "C.I.T." officer

- Heartland Health Outreach 773-751-4125 (Mental Health and Addictions Services for Homeless Adults) -M-F, 8am-5pm
- Lutheran Social Services 773-282-7800
   M-Th: 9am-9pm, F: 9am-5pm
- Circle Family Care 773-276-1200
   1633 N. Hamlin M-F, 8am-5:30pm
- Community Mental Health Council -773-734-4033, 8704 S. Constance M: 8am-7pm, Tu & Th: 8am-6pm, W & F 8am-5pm
- Community Counseling Centers of Chicago -773-769-0205 (24/h crisis line) -4740 N. Clark (adults & children, walk ins) 2542 W. North, 773-365-7277, (under 18)
- Trilogy 773-508-6100, 1400 W. Greenleaf, 8:00am-4:30pm (Rogers Park residents)
- Sarah's Circle 773-728-1991, free counseling for women only, call for an appointment

#### **HOMELESS SERVICES**

(Servicios/Hogares para los Desamparados)

# If homeless adults require substance abuse or mental health services, see those sections

- Thresholds Mobile Assessment Unit Call Toll Free 877-725-0572 for an onsite mental health assessment M-F, 8:30am to 4:30pm
- Northwestern Memorial Hospital Satellite Clinic - 312-926-8300, 30 W. Chicago, 3rd fl
  - Psychiatric services by appointment only
  - M 11am 4pm, Tu 12-4pm, W closed, Th 9am-4pm, F 11am-4pm

- Heartland Health Outreach 773-275-2586 -(medical care, non-emergency)
  - 1015 W. Lawrence, no insurance needed
  - Open 7:30am-4:30pm M, Tu, Th, F & 9:30am-4:30pm W
- Salvation Army Evangeline Booth Lodge
  - 800 W. Lawrence, 773-275-9383
- The Night Ministry ages 14-20
  - Call Toll Free 877-286-2523
  - West Town 1110 N. Noble, 773-506-4100
  - Lakeview 3262 N. Clark, 773-506-3120 (pregnant teens)

#### Men Only:

- Northside Housing Uptown Interim Program 773-564-9093, 941 W. Lawrence
- Epworth Warming Center
  - Winter Only 941 W. Lawrence
  - Sign up 8am-8:30am 7 days a week
- Breakthrough Urban Ministries
  - 402 N. St. Louis, 773-346-1785
  - Day Support 9am-3pm M-F
  - 30 bed non-emergency shelter

#### Women Only:

- Breakthrough Urban Ministries
  - 3330 W. Carroll, 773-722-0179
  - Day Support 9am-3pm M-F
  - 30 bed non-emergency shelter
- Sarah's Circle 4750 N. Sheridan, #220
  - 773-728-1991 x300
  - Drop-in 9am-3:30pm M-F
  - Call or stop by for information about interim housing program
- Deborah's Place 1532 N. Sedgwick
  - Dolores' Safe Haven 312-944-8810
  - Transitional housing 312-944-8669
  - Waiting list for apts. 312-944-8830

#### **CRISIS SERVICES**

(Servicios de Crisis)

- State's Attorney (Certificate of Commitment)
  312-603-8600
- Child Abuse or Neglect Hotline (DCFS)
  - 800-252-2873 or 1-800-25ABUSE, 24hrs
- Community Counseling Centers of Chicago
  - 773-769-0205 (24/hr crisis line)
- North Shore University Health System
  - 847-570-2500 (leave name for call back, 24/hr crisis line)
- Northwestern Hospital
  - 312-926-8100 (24/hr crisis line)
- Trilogy clients: 800-322-8400 (24/hr crisis line)

### SUBSTANCE ABUSE SERVICES

(Servicios de Abuso de Sustancias)

- Lutheran Social Services 773-275-7962
- 5517 N. Kenmore, 773-275-7962 (detox & non-medical, call for availability)
- Haymarket 312-226-7984
- 120 N. Sangamon, 24/7detox/medical/social
- Bobby Wright Community Mental Health
- 773-722-7900, 9 S. Kedzie, 9-5, M-F
- Salvation Army Recovery House (residential)
- 312-421-5753, 1515 W. Monroe
- Walk-ins starting at 7am
- for appointments call 8am-3pm

### **HOSPITALS**

(Hospitales)

- Loyola University Medical Center (Maywood, IL): 708-216-9000
- Northwestern Memorial Hospital: 312-926-2000
- University of Chicago: 773-702-1000
- University of Illinois at Chicago: 312-355-4000
- Rush University Medical Center: 312-942-5000

#### **LEGAL ASSISTANCE**

(Asistencia Legal)

- If arrested by Chicago Police, call:
   First Defense Legal Aid 24/hr legal hotline
   800-LAW-REP4 (800-529-7374)
- Cook County State's Attorney (Certificate of Commitment): 312-603-8600
- Chicago Bar Association (Lawyer Referral Service): 312-554-2001
- ADA (Employment Problems): 800-514-0301
- Mandel Legal Clinic (Mental Health or Post-Conviction only): 773-702-9611

#### NAMI OF GREATER CHICAGO HAS MANY MORE RESOURCES AVAILABLE 312-563-0445

PARA MAS INFORMACION POR FAVOR LLAME AL 312-563-0445

THIS INFORMATION IS ALSO AVAILABLE ONLINE: www.namigc.org

#### RESOURCE CARD

FOR HOMELESS, SUBSTANCE ABUSE, AND CRISIS/MENTAL HEALTH SERVICES IN CHICAGO

> TARJETA de RECURSOS de La Alianza Nacional de Enfermedades Mentales

Compiled by:
NAMI of Greater Chicago
The Alliance on Mental Illness
1536 West Chicago Avenue
Chicago, IL 60642
312-563-0445
10 AM to 5 PM
www.namigc.org

Providing Information, Referrals, Support for Patients/Consumers & Families, and Education about Serious Mental Illness

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